

April 2024
THE EAGLE GAZETTE
JWH Oregon Senior Center
4350 Navarre Avenue
Oregon, Ohio 43616

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THE EAGLE GAZETTE

James "Wes" Hancock OREGON SENIOR CENTER

Volume 274 ~ April~ Issue 284

Senior Center and Nutrition Hours: Monday—Friday, 9:00 a.m.—2:00 p.m.

Phone: (419) 698-7078 - www.oscoho.org

From the desk of the Director, Paula Benton,

Oh my goodness, by the time this reaches you Easter has passed and April is here! Amy keeps telling me that April Showers will bring May flowers. It has been a chilly start to Spring, but sunshine should be on the way.

I understand that a few of you took my request of not walking out on our speakers who provide breakfast to heart and are not happy with me. I was only asking that you be courteous for their generosity. Speakers start at 9:30am and are usually done by 10am and is usually 1 or 2 times per month. With the current Levy situation this does help with costs. Thank you to those of you who are willingly participating.

All & all March was a busy month, especially with Easter being early. This newsletter is going to print before the casserole contest, so if you don't make it, you'll have to wait on the results till next month. We also have a great party planned for the kids who visit from Wynn School which should be lots of fun.

The Center will be closed on April 8th for the Total Eclipse of the Sun. By now I am sure you have heard not to look directly into it. Special glasses are available at the library and other locations. Looking directly can cause damage to your eyes. We are located very close to the epic viewing area and traffic, cell phones, lodging, restaurants, etc. are expected to be overwhelmed. There are many places holding celebrations which will probably include alcohol which will probably complicate the situation. This will not happen again in lifetime, so be prepared with your protective glasses to sneak a peak.

Special Thanks to all of you help out around the Center. Rich made wonderful vegetable soup to share, Loretta doing blood pressures, Lillian for helping in the kitchen, and the list continues...You know who you are...THANK YOU!

I have been getting some long awaited repairs done at my condo. I can't wait to be finished! So, very messy! I wish Phil was home to help with all the cleanup!
Enjoy your Spring, Blessings, Paula

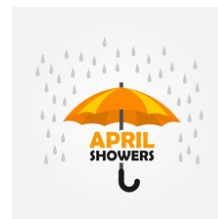
<p>Bread is available for seniors 60+ Monday-Friday 11am-2pm while supplies last in the main room of the Center. For freshest supply, delivery is on Mondays & Wednesdays.</p> <p>Limit 2 items.</p> 	<p><u>We're here for You! Contact Us</u> Senior Center 419-698-7078 Paula J Benton-Executive Director Paula@oscoho.org Amy Jenkins Outreach Coordinator Amy@oscoho.org Questions? Comments? Suggestions? Contact@oscoho.org www.oscoho.org</p>	<p>Stay informed!</p> <ul style="list-style-type: none">• Oregon Senior Center website www.oscoho.org• City of Oregon www.oregonohio.org• Area Office on Aging 419-382-0624• United Way 211
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The Oregon Senior Center is funded by the Oregon Senior Services Levy, Lucas County Senior Levy, Title III-B, and grants administered through the Area Office on Aging of Northwest Ohio, Inc. The Center is also supported, in part, by the City of Oregon donations, Pandemic Cares Act funding, membership, and fundraisers also contribute to the operation of the Center. Donations always gratefully accepted.

Oregon Senior Center



A new place to bloom!



JWH Oregon Senior Center's Mission

To provide a safe and welcoming place where older adults from all walks of life come together for services, programs, and activities that reflect their diverse needs and interests, while creating an atmosphere that affirms their dignity, self-worth, independence, and continued participation in the community.

Find us online at WWW.OSCOHIO.ORG

2024 Board of Directors

~OFFICERS~

President: Sharon Rudess, Senior Center Rep

Vice Present: Lorreta Witte, Senior Center Rep

Treasurer: Brett Tscherne, Eggleston, Meinert & Pavley

Secretary: Beth Estep, DNP, RN, CEN,

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Sister Dorothy Thum, Mercy St. Charles Hospital

John Eisenhart, Senior Center Advisor

Assoc. CNO/VP Patient Care Service, Promedica Bay Park

Erin Fisher, Eastern Community YMCA

Maria Bradford, Orchard Villa

Dylan Clement, Edward Jones

Jen Kurtovic, Eastern Maumee Bay Chamber of Commerce

Rex Powers, Senior Center Rep

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C.P.A.: Tucker Kissling & Associates

Legal: Melissa Purpura

Building: Keith Henninger

Council: Dennis Walendzak

~EXECUTIVE DIRECTOR~

Paula J. Benton

419-279-6541

Leave the driving to us!

Appointments, shopping, medical, banking, hairdressers, to the Senior Center and more! Transportation provided to any Oregon resident 60 and older to and from anywhere in Oregon!

SUGGESTED DONATION:

Essential trips \$3.00 roundtrip for travel to/from the Center & medical appointments.

All other trips \$4.00 roundtrip for transport in the Oregon area.



Our JWH Oregon Senior Center CORPORATE MEMBERS

GOLD CLUB

Baumann Auto Group

Dimech Services Inc., East Point Rehabilitation, LLC,

Mercy St. Charles Hospital, Promedica Bay Park

FOUNDER'S CLUB

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FRIENDS OF THE CENTER

Asset Protection Corp, Ronald & Debra Baker

Bernie Stone Ins, Citizen's Tax, Paul Blackburn,

Kenneth Young, Loretta Witte,

Ella Mae Iman, Robert & Carol Vincent

Do you need transport across the river?

TARTA

Now Serving Oregon

Fixed Route 2 all the way to Flower Hospital

TARTA Flex and TARPS

419-698-7078 OCS can help!



APRIL BIRTHDAYS



Charlotte	Nestich	4/1
Jim	Fox	4/3
Mary	Christiansen	4/6
Donna	Fielding	4/6
John	Whitt	4/8
Catherine	Ackerman	4/14
Marie	Fix	4/15
Lawrence	Gefre	4/12
Judy	Kelly	4/16
Noreida	Shaheen	4/17

Deb	Cantu	4/18
Linda	McCarthy	4/18
Lana	Megenthalar	4/18
James	Freeman	4/19
Albert	Papenfus	4/18
Elizabeth	Buschman	4/20
Donna	Koehn	4/21
Gary	Clinker	4/23
Phyllis	Tucker	4/23
Thomas	Hartfard	4/25

Rose	Bartic	4/28
Sandra	Susor	4/28
Loretta	Witte	4/28
Donna	Hall	4/30

The Alzheimer's Association, Northwest Ohio Chapter provides services to Lucas County Residents! The Alzheimer's Association can provide support, guidance, coaching, and education for individuals and families impacted by Alzheimer's Disease and all Dementia's through our 24/7 Helpline (800-272-3900), virtual/telephonic Care Consultations, Education Programs, and Caregiver Support Groups. If interested in registering for a virtual caregiver support group or education program please call the helpline at 800-272-3900. If interested in a Care Consultation please reach out locally to Dakota Stone at 567-302-3608. We are looking for program volunteers to help with education and outreach for more information on how to volunteer please contact Dakota Stone. Alzheimer Care Support Group at the Oregon Senior Center Thursday April 11th @1pm.



Rita's Soups

St. Paul's Episcopal Church.
798 Coy Rd. Oregon, OH

Every third Saturday of each month from 11am-1pm. Rita's Soups will offer, crackers or bread to anyone who comes through the doors. A free will offering will be accepted from those wishing to contribute to this program.

Cedar Creek Clothing Closet

Saturday April 13th
3540 Seaman Rd Oregon, OH 43616

The Clothing Closet at Cedar Creek has many racks of gently used clothing, shoes, and accessories for men, women, and children of all ages. This is a FREE event to those in the Oregon and surrounding community who are in need .

Members under the weather or recovering

Hassen Abdoney
Gene Arnold
Ralph Bassler
Bernadine Blasingim
Fatima Buck
Alice Cobb
Millie Cope
Panka Eneff
Marlene Fouty
Aurore Farrand



Elaine Hall
Ella Mae Iman
Doris Levy
Marie Markovich
Elroy Metzger
Susie Moszkowicz
Dolores Mutchler
Leta Davis-Newman



Barb Owen
Roseann Pastor
Al Papenfus
Pat Prudy
Ron Reynolds
Judy Stout
Mary Sundling
Mary Ann Suto
Rosie Whitt



Supportive Services.... We are here to help you!
If you need help with billing problems, filling out forms, computer questions, etc. come in and talk to one of the staff members, we are always happy to help!

Euchre

2/21	1st	Anyta Hoak
	2nd	Sharon Dvorak
	3rd	Jerry Heilman/ Kathy Holter
	Booby	Barb Sugg
	Loaners	Tony DeLeon
2/28	1st	Jerry Heilman
	2nd	Rick Rowland
	3rd	Bill Farrand
	Booby	Julie Crossen
	Loaners	Bill Farrand
3/06	1st	Betty Anderson
	2nd	Bob Anderson
	3rd	Kathy Holter
	Booby	Rick Friess
	Loaners	Rick Rowland / Leo Wasserman
3/13	1st	Bill Rowland
	2nd	Bonnie Smith
	3rd	Tony DeLeon
	Booby	Bill Rowland Grant Wlodarz Chuck Dvorak Tom Castellnos
	Loaners	Sharron Dvorak

Pinochle

2/22	1st	John Tischinae
	2nd	Clair Huss
	3rd	Bonnie Smith
	Booby	Rich Friess
2/29	1st	John Tischinae
	2nd	Rich Friess
	3rd	Betty Anderson
	Booby	Jim Kiawitter
3/7	1st	Bob Anderson
	2nd	John Tischinae
	3rd	Rich Friess
	Booby	Bonnie Smith
3/14	1st	Liz Buschmann
	2nd	John Tischinae
	3rd	Sue Ann Rogers
	Booby	Bonnie Smith

Mah Jongg

Top 3 players from 2/28—3/20	Games Won
Becky Hrabovsky	8
Dee Mutchler	2
Phyllis Guy	2
Wall	1
#1 Top Player	Becky Hrabovsky

ONLINE GROCERY SHOPPING



Online Grocery Shopping/Delivery Available Mon-Thurs 9am-1pm

Do you have trouble getting around or are homebound and unable to grocery shop?

Then let us do the work for you!!!

- Call the Center with your grocery list
 - We will place the order for you (using your payment method)
 - We will pick it up and deliver it to you the next day!

That's it! Call 419-698-7078



Acrylic Painting with Instructor/artist Mary Claire Roe *Thursday April 4th, 11th, 18th, & 25th; 12pm - 2pm* *(Due to low attendance, this class is in jeopardy)*

Our April class begins the first Thursday of the month and the Subject will be a picture of Waterfall

"Waterfall in Spring" learn to paint a mountain scene using A variety of painting tools and techniques in acrylics.

join us for some relaxing painting fun. No experience needed!

Students bring their own supplies. Please come early to get ready to start right at noon. Class runs to 2:00pm. Only \$5.00 per every 2 hr. class for non-Oregon residents. FREE to Oregon residents!

Supply List:

11" x 14" canvases (this size recommended for beginners) or any sizes.

Acrylic paint (not craft paint)

Red or Magenta

Yellow

Ultramarine blue, phtlo blue (other blues optional)

Burnt sienna

Black, white & other colors optional

Tabletop easel optional

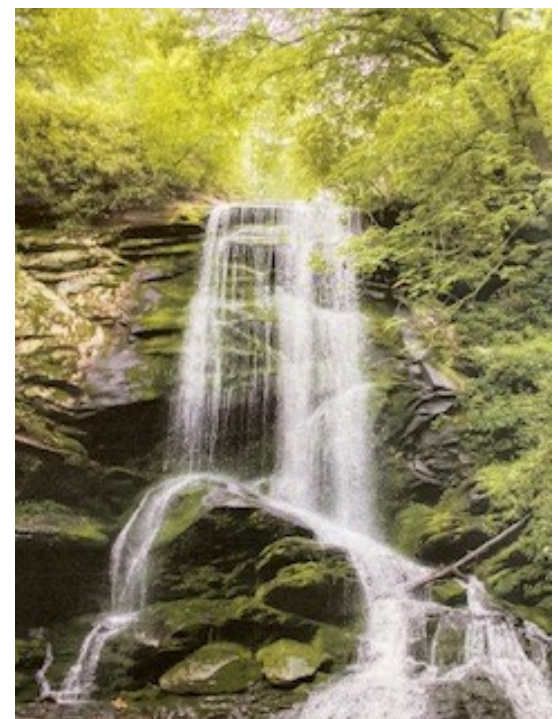
Brushes: synthetic:

3/4" flat, 1/4" flat or filbert, small liner (other brushes optional)

Natural sea-wool sponge

Rags/ paper towels and large water container

Foam plate or other palette





**Penny Bingo EVERY Wednesday
& EVERY Friday at 9:30am
High Stakes \$3 Bingo EVERY
Thursday at 12:00!!**

Bingo Callers and money collectors are Wanted!!
See Paula if interested!

Wish List



- 6 oz Styrofoam coffee cups
- Kleenex
- Plastic Forks
- 3 divided Styrofoam plates

Thank you for your donations & generosity. We appreciate you!

Book Discussion

Oregon Branch Library
Evening Book Group
At the Oregon Library

April 4

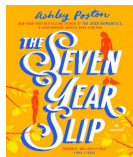
– The Mothers, by Brit Bennett



Mourning her mother's recent suicide, 17-year-old Nadia takes up with the local pastor's son. They are young; it's not serious. But the pregnancy that results from this teen romance will have an impact that goes far beyond their youth.

April 16 –

The Seven Year Slip, by Ashley Poston



Clementine, an overworked book publicist with a perfectly planned future, hits a snag when she falls in love with a strange man standing in the kitchen of her late aunt's apartment ...only to discover he lives seven years in the past. A man with kind eyes and a Southern drawl and a taste for lemon pies. The kind of man that, before it all, she would've fallen head-over-heels for. And she might again.

Breakfast Club

Tuesday & Thursday

@ 9am

Free to 60+ older.

Bring a friend!!

Donations appreciated!



Daily Lunches

*Come in for lunch and
bring a friend!*



Lunches served daily
Monday-Friday at 11:30am.
You MUST call 24 hours in
advance to reserve your lunch.

Ice Cream Social!



April 11th at 12:00pm
Sponsored by: Sara Mason-
Heritage Health Care
Please sign up at the board!



Closings and Delays



Please remember that the Oregon Senior Center CLOSSES when the Oregon Schools are closed due to bad weather. If Oregon Schools are delayed, Please call the Center to see if transportation is still running. Please check your local news station for the latest closing reports, which scroll across the bottom of your TV screen.



Healthy Lifestyle



Call for program details and to sign up!! 419-698-7078



Informational Classes

Medical Screenings

Grief Support Group

Monday April 15th at 1pm, Come Join Pastor Julie Beitelschees at OSC to talk about all aspects of Grief.



Diabetic Support Group

Tuesday April 16th at 10:00am
Located at OSC. Come together for group discussions, share stories and experiences and learn how to cope with this illness.



Fellowship

Fellowship: Tuesday April 2nd & 16th
12-2pm Come join The Freemans with Bible Study, In the Teapot Room.



Alzheimer's Care Support Group

Thursday April 11th at 1:00pm-2:00pm
Join Tori Rotary at OSC. These meetings are designed specifically for those caring for someone with Dementia. (Alzheimer's)



Creative Classes

Acrylics Class

Thursday April 4th, 11th, 18th, 25th
12pm-2pm
Join instructor, Mary Claire at the OSC to Create another amazing painting! Limited seating.



Must sign up for class. Come in or call 419-698-7078. Bring your own supplies. Free to Oregon seniors residents 60yrs & older.
\$5.00 for NON-OREGON RESIDENTS

BP Checks

Tuesday April 2nd @ 9:45am-12:30pm
Kelly, Lucas County Health Department

April 11th @ 9:30-12:30pm
Tonya w/ Ayden Healthcare

Tuesday April 23rd @ 9am-11am
W/ Karen, Toledo Clinic

April 4th & 18th @ 9:30-12:30pm
W/Loretta, RN



Exercise & Dance Classes

Ballroom Dancing

Monday April 1st, 8th, 15th, 22nd, 29th at 11:30am
Join instructor Dina Rohrs. Located in OSC dance room.

Zumba Style

Thursday April 4th, 11th, 18th, 25th at 10:00am
Join instructor, Dina Rohrs. Located in OSC dance room.

Line Dancing

Friday April 5th & 19th at 10:00am
Join instructor Jo Kandik. Located in OSC dance room.

Tai Chi

Friday April 5th, 12th, 19th, 29th at 11:15am
Join Instructor, Kristen/UTMC- Located in OSC

Card/Dice Games At OSC

Mah Jongg

Wednesday April 3rd, 10th, 17th, 24th at 10:00am.

Euchre

Wednesday April 3rd, 10th, 17th, 24th at 11:00am. Located at OSC inside.

Pinochle

Thursday April 4th, 11th, 18th, 25th at 10:00am. Located at OSC.

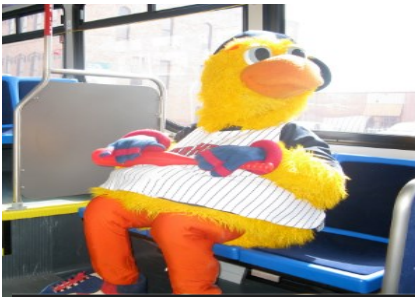
Bridge

Friday April 12th & 19th at 11:00am
Located at OSC. Must have a minimum of 4 participants.

Expanded Muddy Shuttle Ready for First Pitch

The Muddy Shuttle will run on Opening Day (March 29th), and every Friday and Saturday Game After Memorial Day. Find Out More about how to pick up the Shuttle in Oregon.

Call 419-245-5213



MUD HENS TICKETS

MAY 29TH ONLY 20 TICKETS AVAILABLE

**Game Day Wednesday MAY 29th
@11:05am**

RSVP With Jen at front desk or call
(419) 698-7078



Cinco De Mayo

Friday May 3rd, 2024

Celebrate Cinco De Mayo

With us At The Oregon

Senior Center!

More Information to Come.

BAUMANN AUTO GROUP 22ND ANNUAL BIG CHARITY — RAFFLE —

**100% OF VEHICLE DONATED BY THE BAUMANN AUTO GROUP
WINNER WINS THE CHOICE OF:**



**NEW CHEVROLET
TRAILBLAZER***



**NEW FORD
MAVERICK***



**NEW JEEP
COMPASS***

**OR CASH OPTION OF \$20,000
* MSRP UP TO \$27,000**

100% OF THE PROCEEDS TO BENEFIT:

First Step - Oregon Senior Center
Liberty Center of Fremont - SCAT of Tiffin - Ruth Ann's House of Port Clinton
Parker's Purpose - CASA of Seneca, Sandusky & Wyandot Co.
Back to the Wild - NAMI of Seneca, Sandusky & Wyandot Co.
Engaging Opportunities - Riders Unlimited - Joyful Connections
United Way of Sandusky County Cancer Care Fund - F.A.C.T. of Seneca County
Genoa Area Food Pantry - Oak House of Port Clinton - Arc of Ottawa Co.

\$5.00 PER TICKET

**100% OF TICKET SALES GOES TO CHARITY
TOTAL MONEY RAISED FOR CHARITIES IN THE PAST
21 YEARS IS \$1,246,222**

ECLIPSE

**~ APRIL 8TH
THE CENTER WILL BE
CLOSED
THE NEXT SOLAR ECLIPSE NOT EX-**



Area Office on Aging Senior Prom

April 19th @ The Premier

Spring Fling



May 21st @

The Tam-O-Shanter





April Activity Calendar Overview

Monday	Tuesday	Wednesday	Thursday	Friday
1 11:30 am Ballroom Dancing	2 9 am Breakfast Club 9:30-12 pm BP W/ Kelly 12-2 pm Fellowship	3 9:30 am Bingo 10 am Mah Jongg 11 am Euchre	4 9 am Breakfast Club 9:30 am Guest speaker- Landing of Oregon 9:30-12:30 pm BP W/Loretta 10 am Pinochle 10 am Zumba Style 12-2 pm Acrylic Class 12:30-2 pm \$3 Bingo	5 9:30 am Bingo 10 am Line dancing 11:15am Tai Chi W/ Charlie
8 Eclipse CENTER WILL BE CLOSED 	9 9 am Breakfast Club 9:30 am Guest Speaker Med 1 Care	10 9:30 am Bingo 10 am Mah Jongg 11 am Euchre	11 9 am Breakfast Club 9:30-12:30 pm BP w/ Tonya -Ayden 10 am Pinochle 10 am Zumba Style 12 -2 pm Acrylic Class 12:30-2 pm \$3 Bingo Patricia/Ayden 1-2 pm Alzheimer	12 9:30 am Bingo 11 am Bridge 11:15 am Tai Chi
15 11:30 am Ballroom Dancing 1 pm Grief Support	16 9 am Breakfast Club 10 am Diabetic Class 12-2 pm Fellowship	17 9:30 am Bingo 10 am Mah Jongg 11 am Euchre	18 9 am Breakfast Club 9:30-12:30 pm BP W/ Loretta 10 am Pinochle 10 am Zumba Style 12 pm Ice Cream Social 12 -2 pm Acrylic Class 12:30-2 pm \$3 Bingo	19 9:30 am Bingo 10 am Line Dancing 11 am Bridge 11:15 am Tai Chi
22 11:30 am Ballroom Dancing	23 9 am Breakfast Club 9-11am am BP checks w/Karen	24 9:30 am Bingo 10 am Mah Jongg 11 am Euchre	25 9 am Breakfast Club 10 am Pinochle 10 am Zumba Style 12 -2 pm Acrylic Class 12:30-2 pm \$3 Bingo	26 9:30 am Bingo 11:15 am Tai Chi
29 11:30 am Ballroom Dancing Monthly overview of the Center's activities. If you are interested in something listed CALL THE CENTER to find out how to participate. 419-698-7078	30 9 am Breakfast Club			

Oregon Senior Center Lunch Menu

Monday-Friday 11:30am-12:00pm

The suggested donation is \$2.50



419-698-7078

You must RSVP 24 hours in advance!

Served Onsite!

Please specify when reserving your meal if you want lunch A or lunch B.

April

Monday	Tuesday	Wednesday	Thursday	Friday
1 A. Hamburger Patty/Brown Gravy B. Honey Mustard Chicken Butter Milk potatoes Green Beans w/ Tomatoes/Onions Wheat Bread Fresh Fruit Milk	2 A. Sausage Patty B. Cheese Omelet Oven Roasted Potatoes Orange Juice Biscuit Hot Cinnamon Applesauce Milk	3 A. Turkey Breast w/Gravy B. Creamy Paprika Chicken Macaroni & Cheese Garden Vegetable Blend Multi-Grain Bread Fruit Gelatin Milk	4 A. Beef Stroganoff B. Glazed Ham Succotash Glazed Carrots Wheat Bread Fresh Fruit Milk	5 A. Vegetable Lasagna B. Beef Spaghetti Casserole Green Peas Whole Kernel Corn Texas Bread Sugar Cookie Milk
8 Eclipse Center will be CLOSED 	9 A. Chicken Parmesan B. Spanish Beef Patty Baked Potato Broccoli Wheat Bread Strawberry Cake Milk	10 A. Sausage w/ Onions & Peppers B. Chicken w/ Onions & Peppers Oven Roasted Potatoes Sauerkraut Hot Dog Bun Fresh Banana Milk	11 A. Ham, Broccoli, Rice Casserole B. Chicken Noodle Casserole Cauliflower Green Peas Wheat Bread Oatmeal Cookie Milk	12 A. Spinach Lasagna B. Meat Noodle Casserole Whole Kernel Corn Tossed Salad Wheat Bread Peach cobbler Milk
15 A. Honey Mustard Chicken B. Beef w/ Mushroom Gravy Buttermilk Potatoes Green Peas Wheat Bread Fresh Fruit Milk	16 A. Hamburger Patty B. BBQ Pork Rib Baked Beans Mixed Vegetables Hamburger Bun Fresh Fruit Milk	17 A. Chicken Pot Pie B. Meat Cabbage Casserole Whole Kernel Corn Brussels Multi-Grain Bread Pineapple Tidbits Milk	18 A. Pork w/ Supreme Sause B. Creole Steak Whipped Potatoes Sliced Carrots Wheat Bread Devil's Food Cake Milk	19 A. Macaroni & Cheese B. Ham & Macaroni Casserole Stewed Tomatoes Spinach Combread Fresh Fruit Milk
22 A. Meatball w/ Mushroom Gravy B. Pineapple Glazed Chicken Cheesy Whipped Potatoes Brussel Sprouts Wheat Bread Fresh Fruit Milk	23 A. Chicken & Rice Casserole B. Creole Steak Sliced Carrots Winter Vegetable Blend Dinner Roll Brownie Milk	24 A. Taco Pie B. Chilaquiles Casserole Mexican Rice Stewed Tomatoes Flour Tortilla Fresh Fruit Milk	25 A. Glazed Ham B. Oven Fried Chicken Baked Sweet Potato Tossed Salad Multi-Grain Bread Pear Crisp Milk	26 A. Beef Patty w/Gravy/Peppers B. Turkey w/ Supreme Sause Garden Rotini Cabbage Wheat Roll Birthday Cake Pineapple Tidbits Milk
29 A. Vegetarian Chili B. Beef Chili Baked Potato Green Peas Corn Bread Fresh Fruit Milk	30 A. BBQ Pork Rib B. Hamburger Patty Macaroni & Cheese Glazed Carrots Hamburger Bun Fresh Fruit Milk			These meals are available for suggested donation of \$2.50 to anyone 60 years or older. MEMBERS UNDER 60 Lunch is a MANDATORY cost of \$5.61 and must be given directly to staff. (unless spouse of member is 60 or over.) Reservations Must be Made 24 hrs. in Advance by calling 419-6987078 Ingredients listed related To allergies call: 419-382-5791 MEALS SUBJECT TO CHANGE