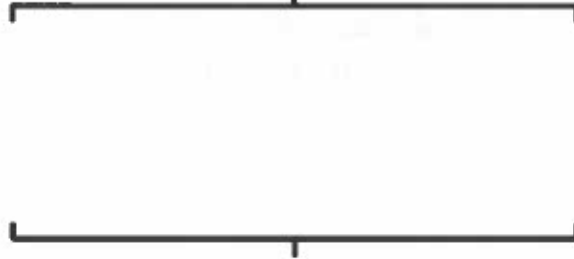


April 2025
THE EAGLE GAZETTE
JWH Oregon Senior Center
4350 Navarre Avenue
Oregon, Ohio 43616

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THE EAGLE GAZETTE

**James "Wes" Hancock Oregon Senior Center
Volume 286 ~ April~ Issue 296**

**Senior Center and Nutrition Hours: Monday - Friday, 9:00 am - 2:00 pm
Phone:(419) 698-7078—www.oscoho.org**

From Paula's Desk,

March is said to come in like a lamb and out like a lion. Well, Spring was sprung on March 20th, and yes, the wind is blowing, but where are the warmer temperatures?

Our 'All Day Bingo' was so much fun! Sharing the day with some of the East Toledo Seniors and staff was a great way to get acquainted. THANK YOU to them for helping out and preparing food. Derek's soup was so good! Also, we need to express thanks to Jen from the Oregon Chamber of Commerce, Rebecca from the Oregon Foundation for volunteering, Melinda from Compass Care for the donated gift cards, and to our very own Lillian for donating a basket and for volunteering. Of course, it goes without saying, how appreciative we are to our staff and everyone who helped out.

April will not only bring showers, but a Soup and Easter Hat Contest on Monday, April 14th at 4pm. So, we need 12 seniors to make soup and enter the contest, and everyone to make an Easter hat. Dressing the part will be part of the fun! I can remember my Mom would always buy me a new dress and hat to wear Easter Sunday and I would always get chocolate all over me from my Easter basket before I would even make it to Sunday school. Of course, it was the bunnies fault...couldn't be mine.

The Center will be closed on Friday, April 18, 2025 in observance of Good Friday. We are looking forward to a three day weekend.

I feel like I have pleaded forever about remaining after breakfast for the educational speakers. I just want to let you know how appreciative I am about how the situation has changed. March was Fraud Awareness month, and I spoke about some of the new scams out there. The newest is an email about owing tolls on the turnpike and they threaten to take away your license if you do not pay the fines. Please do not send anyone money or give any of your personal information unless you know for sure who you are speaking too. I had a Kiwanis meeting just today and the speaker spoke about fraud. Scams are everywhere. Also, a gal from hospice comes one time per month to lead a gentle workout session and talk about end of life preparedness. I was so pleased to observe how many of you stayed after breakfast, got involved in the discussion, and did the workout.

We began a once a month craft class with Deb Baker as the instructor. Deb and her husband Ron are members here at the Center and are avid painters in our acrylics class. They have been very instrumental in sorting through all the excess supplies in our storage area. Deb is volunteering her time and Ron's too for the new class. Check it out.

Just an FYI...May 5th we will celebrate Cinco-de-Mayo. The 5th being early in the month, if we have a postal delay in the newsletter then I just want to mention that we will have an early in the day celebration. We can party early, have our siesta, and then go out and party again in the evening. Sound like a plan?

Phil and I have still not worked out a time for him to come home, but I am hoping it will be soon. His birthday is April 22nd. Hard to believe he will be 28 years old. I might have to start telling the truth about my age soon, since he is catching up with me!

Everyone have a safe and Happy Easter. Please remember to patronize our supporters.

Blessings, Paula





Oregon Senior Center



A new place to bloom!

JWH Oregon Senior Center's Mission

To provide a safe and welcoming place where older adults from all walks of life come together for services, programs, and activities that reflect their diverse needs and interests, while creating an atmosphere that affirms their dignity, self-worth, independence, and continued participation in the community.

Find us online at WWW.OSCOHIO.ORG

2024 Board of Directors

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President: Sharon Rudess, Senior Center Rep

Vice President: Loretta Witte, Senior Center Rep

Treasurer: Brett Tscheme, Eggleston, Meinert & Pavley

Secretary: Beth Estep, DNP, RN, CEN, Assoc. CNO/VP

Patient Care Service, Promedica Bay Park

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John Eisenhart, Senior Center Advisor

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Maria Bradford, Orchard Villa

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Chamber of Commerce

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Margaret Weisenburger Attorney at Law

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C.P.A.: Tucker Kissling & Associates

Legal: Melissa Purpura

Building: Keith Henninger

Council: Dennis Walendzak

~EXECUTIVE DIRECTOR~

Paula J. Benton

419-279-6541

Leave the driving to us!



Appointments, shopping, medical, banking, hairdressers, to the Senior Center and more!

Transportation provided

to any Oregon resident 60 and older to and from anywhere in Oregon!

Transports MUST be scheduled 24hr in Advance!

SUGGESTED DONATION:

Essential trips \$4.00 roundtrip

\$1.00 for each additional stop.



Do you need transport across the river?

TARTA

Now Serving Oregon Fixed Route 2 all the way to Flower Hospital

TARTA Flex and TARPS

419-698-7078 OCS can help!

Our JWH Oregon Senior Center CORPORATE MEMBERS GOLD CLUB

Baumann Auto Group

Dimech Services Inc., East Point Rehabilitation, LLC,

Mercy St. Charles Hospital, ProMedica Bay Park,

Arthur Daly Post #334, Inc., Kenneth Young

FOUNDER'S CLUB

Bay Area Credit Union, Chemtrade Refinery Services,

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PRESIDENT'S CLUB

Croghan Colonial Bank,

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Liberty Tax, Oregon Insurance & Financial Services,

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FRIENDS OF THE CENTER

Asset Protection Corp, Ronald & Debra Baker

Bernie Stone Ins, Citizen's Tax, Paul Blackburn,

Loretta Witte, Ella Mae Iman, Robert & Carol Vincent

Dee & Jim Davies, Eggleston Meinert &

Pavley Funeral Home



APRIL BIRTHDAYS



Robert	Wuest	4/2
Corrine	Peth	4/4
Donna	Fielding	4/6
John	Whitt	4/8
Marie	Fix	4/15
Judy	Kelly	4/16
Noreida	Shaheen	4/17
Albert	Papenfus	4/18
James	Freeman	4/19
Elizabeth	Bushmann	4/20
Dwight D	Jenkins	4/20

Joann	Tucker	4/20
Donna	Koehn	4/21
Christine	Krzyminski	4/22
Gary	Clinker	4/23
Phyllis	Tucker	4/23
Jane	LePlayv	4/26
David	Stobinski	4/27
Sandra	Susor	4/28
Loretta J.	Witte	4/28
Donna	Hall	4/30

Bread is available for seniors 60+
Monday-Friday
11am-2pm
 while supplies last in the main room of the Center.
 For freshest supply, delivery is on Mondays & Wednesdays.
 Limit 2 items.




We're here for You! Contact Us



Oregon Senior Center
419-698-7078

Paula J Benton-Executive Director

Paula@oscoho.org

Amy Jenkins Outreach

Coordinator

Amy@oscoho.org

Questions? Comments?

Suggestions?

Contact@oscoho.org

www.oscoho.org

Stay informed!

- Oregon Senior Center website
www.oscoho.org
- City of Oregon
www.oregonohio.org
- Area Office on Aging
419-382-0624
- United Way 211

MEMBERS UNDER THE WEATHER OR RECOVERING

Hassen Abdoney
 Ralph Bassler
 Aladino Bijarro
 Eunice Block
 Fatima Buck
 Alice Cobb
 Millie Cope
 Panka Eneff
 Donna Fielding
 Aurore Farrand

Richard Friess
 Norma Gerke
 John Henning
 Ella Mae Iman
 Betty Koska
 Doris Levy
 Dean Lowe
 Marie Markovich
 Susie Moszlowicz

Roseann Pastor
 Al Papenfus
 Gloria Perry
 Veronica (Ronnie) Placko
 Marilyn Popkin
 Pat Prudy
 Barbara Rains
 Judy Stout
 Mary Ann Suto
 Rosie Whitt
 Theresa Zsigray

Supportive Services....



We are here to help you! If you need help with billing problems, filling out forms, computer questions, etc. Come in and talk to one of the staff members. We are always happy to

WITH DEEPEST SYMPATHY TO THE FAMILIES OF ANYTA HOAK

The Alzheimer's Association, Northwest Ohio Chapter provides services to Lucas County Residents! The Alzheimer's Association can provide support, guidance, coaching, and education for individuals and families impacted by Alzheimer's Disease and all Dementia's through a 24/7 Helpline (800-272-3900), virtual/telephonic Care Consultations, Education Programs, and Caregiver Support Groups. If interested in registering for a virtual caregiver support group or education program please call the helpline at 800-272-3900. If interested in a Care Consultation please reach out locally to Dakota Stone at 567-302-3608. We are looking for program volunteers to help with education and outreach for more information on how to volunteer please contact Dakota Stone. Alzheimer Care Support Group at the Oregon Senior Center Thursday March 13th @1pm

Euchre

2/12	1st	Rick Rowland
	2nd	Bernie Wineland
	3rd	Roy Morales
	Booby	Bill Farrand
	Loaners	Rick Rowland
2/19	1st	Bill Rowland
	2nd	Rick Rowland
	3rd	Skip Jacobs
	Booby	Janet Wlodarz
	Loaners	Tom Castellanos
2/26	1st	Skip Jacobs
	2nd	Tom Castellanos
	3rd	Betty Anderson
	Booby	Liz Bushmann
	Loaners	Roy Morales
		Al Papenfus
		Eulan Tucker
		Tony Deleon
		Jerry Heilbrun

Pinochle

2/20	1st	Bob Anderson
	2nd	Bonnie Smith
	3rd	Judy Kelly
	Booby	Sue Ann Rogers
2/27	1st	Al Papenfus
	2nd	Sue Ann Rogers
	3rd	Bob Anderson
	Booby	Betty Anderson
3/6	1st	Judy Kelly
	2nd	John Tischinae
	3rd	Bonnie Smith
	Booby	Liz Buschmann
3/13	1st	Al Papenfus
	2nd	Betty Anderson
	3rd	Liz Bushmann
	Bobby	Sue Ann Rogers

Mah Jongg

Top 3 players from 2/12-3/5	Games Won
Dee Mutchler	8
Phyllis Guy	5
Lisa Sattler	5
Wall	0
#1 Top Player	Dee Mutchler

Upcoming AOoA Events

Senior Prom Friday, April
11th

@ The Premier 4480
Heatherdowns Blvd,
Toledo, Ohio 43614

Upcoming Events

Monday, May 5th @11:30am



Acrylic Painting Class

With Instructor/Artist **Mary Claire Roe**

Thursday, April 3rd, 10th, 17, & 24th

Our March's class begins the first Thursday of the month and the Subject will be a picture "Tropical Beach Sunset" learn to paint a scene

using a variety of painting tools and techniques in acrylics.

Join us for some relaxing painting fun. No experience need!

Students bring their own supplies. Please come early to get ready to start right at noon.

Class runs to 2:00pm. Only \$5.00 per every 2hr. class for non-Oregon residents.

FREE to Oregon residents!

Supply List:

11" x 14" canvases (this size recommended for beginners) or any sizes.

Acrylic paint (not craft paint)

red or magenta yellow

ultramarine blue, phtlo blue (other blues optional)

burnt sienna black, white & other colors optional

Tabletop easel optional

Brushes: synthetic:3/4" flat, 1/4" flat or filbert, small liner (other brushes optional)

natural sea-wool sponge

rags/paper towels and large

water container,

foam plate or other palette



Ladies Mother's Day Tea Party

Friday, May 11th
@ 11:30am



Trip Coming up...June 25th!
More Info to come.

Penny Bingo EVERY Wedne sday
& EVERY Friday at 9:30am

High Stake s \$3 Bingo
EVERY Thursday at 12:30pm!!

B I N G O

Bingo Callers and Money
Collectors are Wanted!!
See Paula if interested!

Breakfast Club

**Tuesday & Thursday
@ 9am
Free to 60+ older.
Bring a friend!! Donations
appreciated!**



Area Office on Aging /Daily Lunches

Come in for Lunch & bring a Friend!

Lunches served daily

Monday- Friday @ 11:30am

You MUST call 24hrs in advance

to reserve your lunch.

**Suggested Donations Of
\$2.50**



W I S H L I S T

- ◆ Divided Plates from Gorden's
- ◆ Napkins/Paper towels
- ◆ Plastic Spoons/Forks/Knives
- ◆ Lysol Disinfected wipes



**Thank You for your
donation & Generosity.
We appreciate you!**

Friday Bag Lunches

\$5 Bag Lunches Every Friday at 11:30am

Please sign up on Board

Order 24hr in advance!



***AQA Lunches will still be
available to order 24hr in advance
for a suggested \$2.50 donation.**

Ice Cream Social

Second Thursday, of Every Month!

April 10th at 12:00pm

Sponsored by: Sara Mason

W/Heritage Health Care

Please sign up on the board!



The Center will be CLOSED

**on Friday, April 18th
in observance of
Good Friday**



April Showers Bring May Flowers



Online Grocery Shopping/Delivery

Available Mon-Thurs 9am-1pm

**Do you have trouble getting around or are Home bound
and unable to get to the store? Let us do the work for
you!!**

- Call the Center with your grocery list.
- We will place your order for you (using your payment method)
- We will pick up & deliver to you the next day!
- **Call 419-698-7078**



Healthy Lifestyle



Call for program details and sign up! 419-698-7078

Informational Classes

Grief Support Group

Monday, April 21st @1pm

Come Join Pastor Julie Beitelschees at OSC to talk about all aspects of Grief.



Diabetic Support Group

Tuesday, April 8th @10:00am

Come together for group discussions share stories and experiences and learn how to cope with this illness.



Fellowship

Tuesday, April 1st & 15th @12-2pm

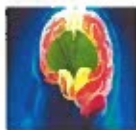
Come join The Freemans with Bible Study, in the Teapot Room.



Alzheimer's Care Support Group

Thursday, April 10th @1-2pm

Join Tori Rotary at OSC. These meetings are designed specifically for those caring for someone with Dementia/Alzheimer's



Exercise & Dance Classes

Ballroom Dancing

Monday April 7th, 14th, 21st & 28th @11:30am. Join instructor Dina Rohrs. Located in OSC Dance Room.



Zumba Style

Thursday April 3rd, 10th 17th & 24th @10:00am Join instructor Dina Rohrs. Located in OSC Dance Room.



Line Dancing

Friday April 4th @10am
Join instructor Jo Kandik.
Located in OSC Dance Room.



Tai Chi

Friday, April 4th @11:15 am
April 11th & 25th @10 am,
Instructor Kristen/UTMC
Room. Located in OSC Dance



Creative Classes Acrylics Class

Thursday, April 3rd, 10th, 17th & 24th @12pm-2pm Join instructor, Mary Claire at the OSC to create another amazing painting. Limited seating. Must sign up for class. Come in or call 419-698-7078. Bring your own supplies. Must be a Oregon residents 60yrs & older. \$5.00 for NON-OREGON RESIDENTS

Card/Dice Games

Mah Jongg

Wednesday, April 2nd, 9th, 16th, 23rd & 30th @10:00am.



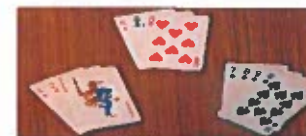
Euchre

Wednesday April 2nd, 9th, 16th, 23rd & 30th @11:00am



Pinochle

Thursday April 3rd, 10th, 17th & 24th @10:00am



Bridge

Friday, April 4th @11:00am
Must have a minimum of 4 participants.



NEW CLASS

CRAFT CLASS w/Deb Baker

Sign up for Craft Class on the board in dining room.

April Classes : Holiday Themed

Wednesday, April 16th

Time: 12-2pm

Easter Hat & Soup Contest



At The Oregon Senior Center
4350 Navarre Ave

Date: Monday, April 14th
Time: 4pm



Cost: \$ 5 Due at time of sign up

Sign Up with Jen!

All are welcome to bring in a already decorated Easter Hat for a Contest!

Only 12 Entries for Soup Contest
Sign up on Board!

Rita's Soups

St. Paul's Episcopal Church.
798 Coy Rd. Oregon, OH

Every 3rd Saturday of the month
from 11 am-12:30pm.

Rita's Soups will offer, soup & crackers or bread to anyone who comes through the doors. A free will offering will be accepted from those wishing to contribute to this program.



Baumann Car
Raffle Tickets are BACK
APRIL 1st 2025



More info to com!

Medical Screening Checks

BLOOD PRESSURE



Tuesday April 1st

@ 9-12pm

BP's w/ Kelly, Lucas County Health Department

Tuesday April 22nd

@9-11 am

BP'S w/ Karen, Toledo Clinic



Thursday April 24th

@ 9:30am-12:30pm

w/Loretta RN

Did you know?

The center has gently used Medical Equipment for no cost. Donated items are cleaned & sanitized before donating back to the community. So check with us before buying. Incontinence supplies also available.



Come Join the Wynn Kids

With a snack and a craft

Thursday, April 17th @ 9:30am

Sign up on the board!



Closings and Delays

Please remember that the Oregon Senior Center CLOSES when the Oregon Schools are closed Due to bad weather.



If Oregon Schools are delayed, Please call the Center 419-698-7078 to see if transportation is still running.

Please check your local news station for the latest closing reports, which scroll across the bottom of your TV screen.




April Lunch Menu

@ Oregon Senior Center





Monday-Friday 11:30am-12:00pm
 The suggested donation is \$2.50
 419-698-7078
You must RSVP 24 hours in advance!
 Served Onsite!
 Please specify when reserving your meal if you want lunch A or lunch B.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>These meals are available for suggested donation of \$2.50 to anyone 60 years or older. MEMBERS UNDER 60 Lunch is a MANDATORY cost of \$5.61 and must be given directly to staff. (unless spouse of member is 60 or over.)</p>	<p>1 A. Meatballs w/Spaghetti Sauce B. Chicken Marsala Spaghetti Noodles Summer Vegetables Garlic Texas Bread Fresh Fruit Milk</p>	<p>2 A. Sliced Turkey Breast Poultry Gravy B. Beef Patty w/Gravy Whipped Potatoes Glazed Carrots Wheat Bread Fresh Fruit Milk</p>	<p>3 A. Mozzarella Chicken B. Roast Beef Brown Gravy Rosemary Potatoes Roasted Brussel Sprouts Multi-Grain Bread Milk</p>	<p>4 A. Vegetarian Chili B. Ham & White Beans Stewed Tomatoes Garden Vegetables Cornbread Pineapple Tidbits Milk</p>
<p>7 A. Salisbury Beef w/Brown Gravy B. Honey Mustard Chicken Buttermilk Potatoes Herb Green Bens Wheat Bread Fresh Fruit Milk</p>	<p>8 A. Sausage Patty B. Cheese Omelet Oven Roasted Potatoes Orange Juice Biscuit Hot Cinnamon Applesauce Milk</p>	<p>9 A. Turkey Breast w/Gravy B. Creamy Paprika Chicken Macaroni & Cheese Garden Vegetables Wheat Roll Fruit Gelatin Milk</p>	<p>10 A. Beef Stroganoff B. Glazed Ham Succotash Glazed Carrots Wheat Bread Fresh Fruit Milk</p>	<p>11 A. Vegetable Lasagna B. Beef Spaghetti Casserole Green Peas Whole Corn Garlic Texas Bread Sugar Cookie Milk</p>
<p>14 A. Shepherd's Pie B. BBQ Pork Rib Patty Cabbage Glazed Carrots Wheat Bread Fresh Fruit Milk</p>	<p>15 A. Chicken Parmesan B. Spanish Beef Patty Baked Potato Broccoli Wheat Bread Strawberry Cake Milk</p>	<p>16 A. Sausage w/Onions & Peppers B. Chicken w/Onion & Peppers Oven Roasted Potatoes Broccoli Wheat Bread Fresh Fruit Milk</p>	<p>17 ~ EASTER MEAL~ A. Glazed Ham B. Baked Chicken Breast Poultry Gravy Baked Sweet Potato Green Bean Casserole Wheat Roll Frosted Coconut Cake Milk</p>	<p>18 CLOSED GOOD FRIDAY</p> 
<p>21 A. Honey Mustard Chicken B. Beef Patty w/Mushroom Gravy Buttermilk Potatoes Green Peas Wheat Bread Fresh Fruit Milk</p>	<p>22 A. Hamburger Patty B. Sloppy Joe Baked Beans Mixed Vegetables Hamburger Bun Fresh Fruit Milk</p>	<p>23 A. Chicken Pot Pie B. Beef Cabbage Casserole Whole Kernel Corn Brussel Sprouts Wheat Bread Pineapple Cup Milk</p>	<p>24 A. Pork w/Supreme Sauce B. Creole Steak Whipped Potatoes Carrots Wheat Roll Devil's Food Cake Milk</p>	<p>25 A. Macaroni & Cheese B. Ham & Macaroni Casserole Stewed Tomatoes Spinach Cornbread Fresh Fruit Milk</p>
<p>28 A. Meatballs w/Mushroom Gravy B. Pineapple Glazed Chicken Cheesy Whipped Potatoes Brussel Sprouts Wheat Bread Fresh Fruit Milk</p>	<p>29 A. Chicken & Rice Casserole B. Creole Steak Parslied Carrots Winter Vegetables Wheat Roll Mixed Fruit Cup Milk</p>	<p>30 A. Chilaquiles Casserole B. Taco Pie Mexican Rice Stewed Tomatoes Flour Tortilla Fresh Fruit Milk</p>	<p>Reservations Must be Made 24 hrs. in advance by calling 419-698-7078 Ingredients listed related to allergies call: 419-382-5791 MEALS SUBJECT TO CHANGE</p>	

APRIL



Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9am Breakfast Club 9:30am BP's w/ Kelly 12-2pm Fellowship	2 9:30am Bingo 10am Mah Jongg 11am Euchre	3 9am Breakfast Club 10am Pinochle 10am Zumba Style 12 -2pm Acrylic Class 12:30-2pm \$3 Bingo	4 9:30am Bingo 10am Line Dancing 11am Bridge 11:15am Tai Chi 11am Bag Lunch
7 11:30am Ballroom Dancing	8 9am Breakfast Club 10am Diabetic Class	9 9:30am Bingo 10am Mah Jongg 11am Euchre	10 9am Breakfast Club 9:30am Oak Street Health 10am Pinochle 10am Zumba Style 12 pm Ice Cream Social Heritage Health 12-2pm Acrylic Class 12:30-2pm \$3 Bingo 1-2pm Alzheimer	11 9:30am Bingo *Time change* 10am Tai Chi 11am \$5 Bag Lunch
14 11:30am Ballroom Dancing Easter Hat & Soup Contest @ 4pm  Check Board for more details	15 9am Breakfast Club 9:30am Heartland Education / Exercise 12-2pm Fellowship	16 * 9:30am Bingo 10am Mah Jongg 11am Euchre NEW 12-2pm Craft Class w/ Deb	17* 9am Breakfast Club 9:30am Wynn Kids 10am Pinochle 10am Zumba Style 12 -2pm Acrylic Class 12:30-2pm \$3 Bingo	18* CLOSED GOOD FRIDAY 
21 11:30am Ballroom Dancing 1-2pm Grief Support	22 9am Breakfast Club 9-11am BP's w/ Karen	23 9:30am Bingo 10am Mah Jongg 11am Euchre	24 9am Breakfast Club 9:30am BP'S w/Loretta 10am Pinochle 10am Zumba Style 12 -2pm Acrylic Class 12:30-2pm \$3 Bingo	25 9:30am Bingo *Time change* 10am Tai Chi 11 \$5 Bag Lunch
28 11:30am Ballroom Dancing	29 9am Breakfast Club	30 9:30am Bingo 10am Mah Jongg 11am Euchre		Monthly overview of the Center's activities. If you are interested in something listed CALL THE CENTER to find out how to participate. 419-698-7078