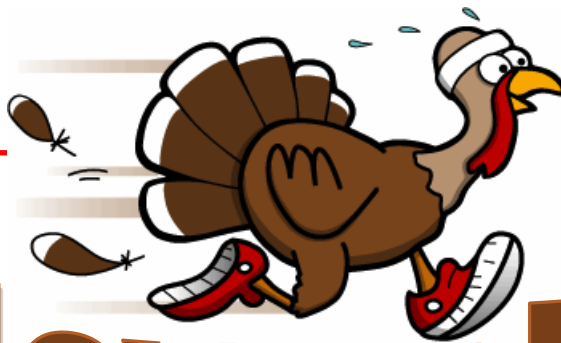
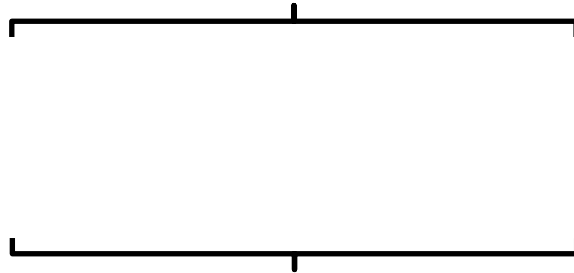




November 2025
THE EAGLE GAZETTE
JWH Oregon Senior Center
4350 Navarre Avenue
Oregon, Ohio 43616

NON-PROFIT
U.S. POSTAGE PAID
TOLEDO, OH
PERMIT NO.1011

ADDRESS SERVICE REQUESTED



November

THE EAGLE GAZETTE

James "Wes" Hancock Oregon Senior Center

Volume 293~ November ~ Issue 303

Senior Center and Nutrition Hours:

Monday - Friday, 9:00 am - 2:00 pm

Phone:(419) 698-7078—www.oscoho.org

From Paula's Desk,

Last month I began the newsletter with WoW!, regarding the weather. Well this month it is dreary today, chillier, and raining. Halloween always bring the wind, rain and the falling of the beautiful leaves. As a kid, I remember getting dressed in my costume just to put a coat over it to go trick or treating. Seems hard to believe that the holiday season will be here soon.

October at the Center was a good month. We ended September with the Senior Expo hosted by Melinda Shinaver of Compass Care, sponsored by Black & White Transportation, Parkcliffe, TESCO, Mercy St. Charles, WesBanco, Catherine Knopp ESQ, Gardens of St. Francis, Med 1 Care, and S&D Capital. Many local vendors, non-profits, and organizations were also present. Thank you to all who participated and to all who donated towards the event. Quinn did a great job on the chicken! Our staff and volunteers were wonderful as always!

On October 7, 2025 we hosted our first flu clinic with Toledo, Lucas County Health Department. If you didn't make it then look forward to another flu clinic on Thursday, November 13th 10-1Pm Please bring your ID & Insurance) or see your primary physician . Remember the flu season is upon us. If you aren't feeling well, please stay home and keep your germs with you. We do not want to share. Chills, headache, stomach ache, fever, runny nose, vomiting are yours to keep. I am not a doctor, but they say to drink lots of fluids, eat chicken soup, and call your doctor. If we can assist just give us a call. Along those same issues remember the closing policy due to weather. If the schools close due to inclement weather so does the Senior Center. If schools are delayed, it depends on the delay. So, if you depend on the Center for transportation, please check with us. Delays and closing scroll across the bottom of the tv screen. Oregon Schools usually start with a delay and if they close it happens around 8:00am. Closings and delays are for your safety.

We did not sell all of the Baumann Car Tickets, but came close. The drawings will be soon. Let's all cross our fingers and pray that someone from our Center wins. My son, Philip got into the last 50 tickets drawn last year. OH, it was exciting, but unfortunately he was not the winner. However, it did not stop him from buying tickets for this years drawing.

The Fall Dance "Let's Get Wild" was a Huge success ...Look for more exciting news in next months newsletter. Lions, Tigers, and Bears...OH My!

Saturday, November 1, 2025 we change to Daylight Savings Time, we will FALL behind 1 hour. Please remember to change your clocks! November we will share our Thanksgiving Potluck with Orchard Villa providing the turkeys and Tuesday, November 18th doing the cooking! The Center will provide the mashed potatoes and gravy, beverages, tableware, bread & butter. **A sheet will be on the board to signup.**

Everyone attending is asked to provide a dish to share or to make a \$5.00 donation. Reservations and Donations are due no later than Friday, November 14, 2025. Please do not call late and ask to come, be respectful of the energy we have to put into the preparations.

Philip is flying in on Thanksgiving Day! This Mom is so excited. I suggested we go somewhere to eat Thanksgiving dinner on the way home from the airport and he said lets just go out for steaks on Friday. That's my carnivore. Just like his Father, he loves that red meat! It's been a very difficult year with all the financial problems, but we are still here, still moving forward. I have so much to be thankful for, my family, my friends, and all of you. I am truly blessed.

Reach out to someone during this time of sharing, this time of the year can also be sad and lonely for some. Happy Thanksgiving to all!

Oregon Senior Center



A new place to bloom!

JWH Oregon Senior Center's Mission

To provide a safe and welcoming place where older adults from all walks of life come together for services, programs, and activities that reflect their diverse needs and interests, while creating an atmosphere that affirms their dignity, self-worth, independence, and continued participation in the community.

Find us online at WWW.OSCOHIO.ORG

2025 Board of Directors

~OFFICERS~

President: Sharon Rudess, Senior Center Rep

Vice President: Loretta Witte, Senior Center Rep

Treasurer: Brett Tscherne, Eggleston, Meinert & Pavley

Secretary: Beth Estep, DNP, RN, CEN, Assoc. CNO/VP

Patient Care Service, ProMedica Bay Park

~DIRECTORS~

Sister Dorothy Thum, Mercy St. Charles Hospital

John Eisenhart, Senior Center Advisor

Tanika Oliver Williams, Eastern Community YMCA

Maria Bradford, Orchard Villa

Jen Kurtovic, Eastern Maumee Bay

Chamber of Commerce

Rex Powers, Senior Center Rep

Margaret Weisenburger Attorney at Law

~ ADVISORS ~

C.P.A.: Tucker Kissling & Associates

Legal: Melissa Purpura

Building: Keith Henninger

Council: Dennis Walendzak

~EXECUTIVE DIRECTOR~

Paula J. Benton

Our JWH Oregon Senior Center CORPORATE MEMBERS

DIAMOND CLUB

Trompeter Family Foundation

GOLD CLUB

Baumann Auto Group, East Point Rehabilitation, LLC,
Ronald & Debra Baker, Veterans of Foreign Wars Post #4906,
Janice Sheahan, Kenneth Young

FOUNDER'S CLUB

Bay Area Credit Union, Black & White Transportation,
Chemtrade Refinery Services, Compass Management,
John Eisenhart, Dimech Services Inc, .
Mercy St. Charles Hospital, Oregon/Northwood Kiwanis, Tesco

PRESIDENT'S CLUB

Ace Roofing & Construction Company Inc,
Croghan Colonial Bank, Gladieux Home Center,
Joseph P. Sexton. DDS, Joseph R. Schmidbauer, DDS,
Northwood Door, LLC, Oregon Insurance & Financial Services,
Ron's Trailers. Inc, , Tucker, Kissling & Associates

DIRECTOR'S CLUB

Alan Miller Jewelers, Bernie Stone Ins, Future Wave, Genoa Bank,
G. Scott Louderback, DDS, Meinke Marina, Janet Morrison, Mr. Emblem, Oregon City Council,
Terry Reeves, Oregon Economic Development Foundation,
Janice Sheahan, Robert & Carol Vincent, Paul & Amy Drake

FRIENDS OF THE CENTER

Citizen's Tax, Paul Blackburn,
ARC Dylan Clement, Carol & Bob Felaris, Jim Henderson, Ella Mae
Iman, Orchard Villa, Dr Riza, Loretta Witte, Steve Salander

Leave the driving to us!

Appointments, shopping, medical, banking, hairdressers,
to the Senior Center and more! Transportation provided
to any resident 60 and older to and from Oregon & East Toledo.

Transports MUST be scheduled 24hr in Advance!

SUGGESTED DONATION:

Essential trips \$4.00 roundtrip

\$1.00 for each additional stop.



Do you need transport across the river?

TARTA

Now Serving Oregon Fixed
Route 2 all the way to Flower Hospital

TARTA Flex and TARPS

419-382-9901

419-698-7078 OCS can help!



Oregon Senior Center's 2025 Senior Expo Sponsors

A BIG THANK YOU TO: Compass Care Management

Black & White Transportation
Parkcliffe
TESSCO
Mercy St Charles
WesBanco
Catherine Knoop ESQ
Gardens Of St Francis
Med 1 Care
S & D Capital
YMCA
Parrish Health Systems
Garcia Insurance
A Wyse Choice Home Care
Blessed Home Care
Area Office on Aging
LTC Ombudsman w/ABLE
Hospice of NOW
Oak Street Health
Lucas County Library
Oregon Fire Department Museum

Ben Rosales on Saxophone
Alan Miller
Strins-3 piece Band
Majestic Care
Randy- Next Level DJ
Oregon Insurance Agency
LUNCH Quinn McDougle
Jerrey Mike's
National Museum Of Great Lakes



**Thank
You**

Trompeter Family Foundation

Donation

A Wyse Choice
Homa Care, LLC
Baker, Ronald &
Debra
Bialorucki, Eliza-
beth
Bons Securs Mercy
Health
Catherine L. Knoop
Esq, LLC
CHI Living-
Gardens of St.
Francis
Chudey, Bev
Compass Care
Management
Daniels, Anny
Dollarhide, Joel -
Tucker Kissling
Drake, Paul & Amy
Eastern Communi-
ty YMCA
East Pointe Rehab
Eisenhart, John
Erol Riza, MD
Farrell, Dorothy
Flores, Mary Jane
Friess, Richard
G. Scott Loud-
erback, DDS
Galuzny, Carol
Galyas, Henrietta
Garcia, Jose &
Randi
Gladieux Home
Center

Guy, Phyllis
Henneman, Mike &
Jo
Hoogerhyde, Cath-
erine
Hrabovsky, Becky
Iman, Ella Mae
Jerusalem Town-
ship Firefighters
Assoc

Matches

Katko, Lillian
Kissling, Charles -Tucker Kissling
Kiwanis Club
Koman, Melanie -Tucker Kissling
Legacy Health-Orchard Villa
Miller, R Carol
Northwood Door
Oregon Conservative Club
Oregon Ins. Agency
Parish Palliative & Hospice Care
Potter Group-Blk & White
Powers, Rex
Price, Gregg
Reeves, Terry
Rose, Barbara
S&D Capital, LLC
Salander, Steven
Sheahan, Janice
St. Paul's Episcopal Church
Testco
Toledo Tea Party
Trump, Debra
VFW of Ohio Charities
Veterans of Foreignn Wars Post
4906
WestBanco Foundation
Witte, Loretta
Whitcomb, Larry
Young, Kenneth

NOVEMBER BIRTHDAYS

Betty	Aring	11/2
Roberta	Gacsal	11/6
Bill	Zimmerman	11/6
Linda	DeLapena	11/8
Charles	Gase	11/12
Ed	Sallee	11/14
Lee	Schimmel	11/14
Lillian	Katko	11/15
Margie	Knopp	11/15
Bill	Lambrecht	11/16
Julie	Nowicki	11/17
Dorothy	Thum	11/17

Mary	Smith	11/18
Rollie	Benson	11/19
Barbara	Klotz	11/19
Michael	Molnar	11/20
Donna	Nowicki	11/20
Donald	Charlton	11/21
Alice	Miller	11/21
Norma	Weaver	11/23
Mary	Worley	11/23
Sandra	Cichocki	11/24
Jean	Strzelecki	11/24

Mark	Miller	11/25
Valerie	Virag	11/25
Ronald	Baker	11/29
Janice	Sheahan	11/29
James	Borger	11/30
Tony	DeLeon	11/30
Nancy	Kowalski	11/30
Rita	Riegle	11/30



We're here for You! Contact Us

Oregon Senior Center
419-698-7078

Paula J Benton-Executive Director

Paula@oscoho.org

Amy Jenkins Outreach

Coordinator

Amy@oscoho.org

Questions? Comments?

Suggestions?

Contact@oscoho.org

www.oscoho.org



Supportive Services....

We are here to help you!

If you need help with

**billing problems, filling out forms,
computer questions, etc. Come in and
talk to one of the staff members. We
are always happy to help!**

MEMBERS UNDER THE WEATHER OR RECOVERING

Hassen Abdoney

Ralph Bassler

Aladino Bijarro

Eunice Block

Fatima Buck

Alice Cobb

Millie Cope

Panka Eneff

Donna Fielding

Richard Friess

Norma Gerke

Ella Mae Iman

Betty Koska

Doris Levy

Dean Lowe

Roy Morales

Al Papenfus

Pat Prudy

Barbara Rains

Mary Jean Schimmel

Judy Stout

Mary Ann Suto

Debby Trump

Thomas Tuller

Rosie Whitt

Janet Wlodarz

Andrea Wellman

Theresa Zsigray

Stay informed!

• **Oregon Senior Center website**

www.oscoho.org

• **City of Oregon**

www.oregonohio.org

• **Area Office on Aging**

419-382-0624

• **United Way**

211

WITH DEEPEST

SYMPATHY

TO THE FAMILIES OF

MARGARET "MARGE" BROWN

The Alzheimer's Association, Northwest Ohio Chapter provides services to Lucas County Residents! The Alzheimer's Association can provide support, guidance, coaching, and education for individuals and families impacted by Alzheimer's Disease and all Dementia's through our 24/7 Helpline (800-272-3900), virtual/telephonic Care Consultations, Education Programs, and Caregiver Support Groups. If interested in registering for a virtual caregiver support group or education program please call the helpline at 800-272-3900. If interested in a Care Consultation please reach out locally to Vicky Coy at 567-302-3608. We are looking for program volunteers to help with education and outreach for more information on how to volunteer please contact Vicky Coy. Alzheimer Care Support Group at the Oregon Senior Center Thursday, November 13th @ 1pm

We Are A Cooling & Warming Station

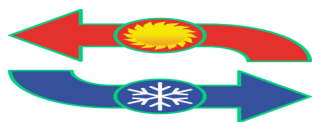
Please remember that the Oregon Senior Center is a cooling & warming Station. A Place for you to get out of the Heat/Cold and Cool down/Warm up.

Our doors are open.

Monday-Friday 9am-2pm
(Special Hours By Request)

419-279-6541

So don't wait it out at Home!!



Euchre

8/20	1st	Skip Jacobs
	2nd	Kathy Holter
	3rd	Eulan Tucker
	Booby	Liz Bushmann
	Loaners	Bob Anderson
8/27	1st	Leo Wasserman
	2nd	Skip Jacobs
	3rd	Ray Romstadt
	Booby	Janet Wlodarz
	Loaners	Skip Jacobs
9/3	1st	Tim Weiker
	2nd	JR Wlodarz
	3rd	Bill Rowland
	Loaner	Julie Crossen
	Booby	JR Rowland
9/10	1st	Tony DeLeon
	2nd	Bonnie Smith
	3rd	Jane Overholser
	Booby	Bill Rowland
	Loaner	Bonnie Smith

Acrylic Painting Class

With Instructor/Artist **Mary Claire Roe**

Thursday, November 6th, 13h & 20th

Our class begins the first Thursday of each month and the subject will be **"Wagon of Pumpkins"** Join us for some relaxing painting fun. No experience need!

Students bring their own supplies. Please come early to get ready to start right at noon. Class runs to 12-2:00pm.

Only \$5.00 per every 2hr. class for non-Oregon residents. FREE to Oregon residents!

Supply List:

11" x 14" canvases (this size recommended for beginners) or any sizes.

Acrylic paint (not craft paint)

red or magenta, yellow, ultramarine blue, phthlo blue (other blues optional), burnt sienna black, white & other colors optional

Tabletop easel optional

Brushes: synthetic:

3/4" flat, 1/4" flat or

filbert, small liner

(other brushes optional)

natural sea-wool sponge

rags/paper towels and large

water container, foam plate or other palette



MUST SIGN UP ON BOARD
ONLY 12 PEOPLE PER
CLASS

Euchre

9/17	1st	Rick Rowland
	2nd	Tony DeLeon
	3rd	Bernie Wineland
	Booby	Tom Castellanos
	Loaners	Tony DeLeon
9/24	1st	Donna Koehn
	2nd	Tim Weiker
	3rd	Al Papenfus
	Booby	Jan DeLeon
	Loaners	Al Papenfus
10/1	1st	Kathy Holter
	2nd	Tony DeLeon
	3rd	Tom Castellanos
10/8	Loaner	Bernie Wineland
	1st	Al Papenfus
	2nd	Rich Fries
	3rd	Charles Morris
	Booby	Jerry Jaquilard
	Loaner	Bernie Wineland

Pinochle

9/11	1st	Jeanne Fox
	2nd	Bonnie Smith
	3rd	Judy Kelley
9/18	Booby	Ed Pollauf
	1st	Judy Kelly
	2nd	John Tischinae
	3rd	Liz Buschmann
	Booby	Bonnie Smith
9/25	1st	Bonnie Smith
	2nd	Sue Ann Rogers
	3rd	Jeanne Fox
	Booby	Ed Pollauf

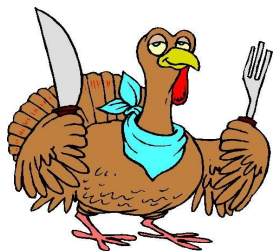
Mah Jongg

Top 3 players from 9/24-10/8	Games Won
Jan Sheahan	17
Becky Hrabovsky	8
Lisa Sattler	7
Wall	9
#1 Top Player	Jan Sheahan

Thanksgiving Potluck Dinner

Tuesday, November 18th @

12 noon



**Sign up sheet is on
the board!**

No activities on this day



**Bingo Callers and Money
Collectors are Wanted!!
See Paula if interested!**

**Penny Bingo EVERY Wednesday
& EVERY Friday at 9:30am
High Stakes \$3 Bingo
EVERY Thursday at 12:30pm!!**

Did you know?



The center has gently used
medical equipment for no cost.

Donated items are cleaned
& sanitized before donating
back to the community.

So check with us before buying.

Incontinence supplies

The Oregon Senior Center is funded by the Lucas County Senior Levy, Title III-B, and grants administered through the Area Office on Aging of Northwest Ohio, Inc. The Center is also supported, in part, by the City of Oregon donations, memberships, and fundraisers also contribute to the operation of the Center.
Donations always gratefully accepted.

Breakfast Club

Tuesday & Thursday
@ 9am

Free to 60+ older.

Bring a friend!!

Donations
appreciated!

Area Office on Aging

Daily Lunches

Come in for Lunch & bring a Friend!

Lunches served daily

Monday– Friday @ 11:30am

You **MUST** call

24hrs in advance

to reserve your lunch.

Suggested Donations \$2.50

Friday \$5 Bag Lunches

Every Friday at 11:30am

Please sign up on board

Order 24hr in advance!

*AOoA Lunches will still be

available to order

24hr in advance

for a suggested

\$2.50 donation.



WISH LIST

- ◆ Plastic Silver Wear
- ◆ Napkins
- ◆ Decaf Coffee only Please!

Thank You for your donation & generosity.

We Appreciate Everyone of you!

HEALTHY LIFESTYLE

Call for program details and sign up! 419-698-7078

INFORMATIONAL CLASSES

Grief Support Group

Monday, November 17th @1pm

Come Join Pastor Julie Beitelschees at OSC to talk about all aspects of Grief.



Diabetic Support Group

Tuesday, November 11th @10:00am

Come together for group discussions share stories and experiences and learn how to cope with this illness.

Fellowship

Back to Tuesday, November 4th @12-2pm

Come join The Freemans in the Teapot Room.

Alzheimer's Care Support Group

Second Thursday of each month.

November 13th @1pm w/ Vicky Coy

CREATIVE CLASSES ACRYLICS CLASS

Thursday, November 6th, 13th & 20th
12pm-2pm Join instructor, Mary Claire
at the OSC to create another amazing
painting. Limited seating. Must sign up for class.

Come in or call 419-698-7078.

Bring your own supplies.

Must be an Oregon residents 60 yrs & older.

**\$5.00 for NON-OREGON
RESIDENTS**



CRAFT CLASS w/Deb Baker

On hold till January

Check Board for more Info

EXERCISE & DANCE CLASSES

Ballroom Dancing

Monday, November 3rd, 10th, 17th & 24th @11:30am

Join instructor Dina Rohrs.

Located in OSC Dance Room.

Zumba Style

Thursday, November 6th, 13th &
20th @10:00am

Join instructor Dina Rohrs.

Located in OSC Dance Room.



Line Dancing

Friday, November 7th & 21st @10am

Join instructor Jo Kandik.

Located in OSC Dance Room.

Tai Chi

Friday, November 7th & 21st @ 11:15am

Friday, November 14th @10am,

Instructor Kristen/UTMC Located in OSC Dance Room.

CARD/DICE GAMES

Mah Jongg

Wednesday, November 5th, 12th, 19th & 26th,
@10:00am.



Euchre

Wednesday, November 5th, 12th, 19th & 26th,
@11:00am

Pinochle

Thursday, November 6th, 13th & 20th
@9:30 am



Bridge

Friday, November 7th & 21st @11:00am

Must have a minimum
of 4 participants.



Online Grocery
Shopping/Delivery
Available Mon-Thurs
9am-1pm

Do you have trouble getting around or are home bound and unable to get to the store? Let us do the work for you!!

- Call the Center with your grocery list.
- We will place your order for you (using your payment method)
- We will pick up & deliver to you the next day! Suggested Donation \$5.00
- **Call 419-698-7078**

Bread is available
for Seniors 60+

Monday-Friday 11am-2pm while supplies last in the main room of the Center.

For freshest supply, delivery is on Mondays & Wednesdays. Limit 2 items per household!

Donations are Greatly appreciated!



Medical Screening Checks
Blood Pressures

Tuesday, November 4th
@ 9-12pm
BP's w/Kelly, Lucas County Health Department

Thursday, November 13th
@ 9:30-10:30am
BP's w/ Kelly
Partners in Home Care

Tuesday, November 25th
@9-11am
BP'S w/Tonya
Ayden Healthcare

Thursday, November 20th
@ 9:30am-12:30pm
BP's w/Loretta RN

The Clothing Closet
@ Cedar Creek Church
3540 Seaman Road
Oregon, Ohio 43616

Second Saturday of the Month
OPEN 10am-12noon

There is not an elevator in the building so individuals must be able to climb one flight of stairs.

BIRTHDAY BINGO



With Donna from

Otterbein



Tuesday, November 25th
@ 10am

Shake Up Your Holiday Tradition

GIVE BLOOD



Oregon Police Division

December 12, 2025

Oregon Police Division

5330 Seaman Road

If you like an appointment

RedCrossBlood.org (or) Call (1-800-733-2767)



The Center will be **CLOSED**
Thursday, November 27th
& Friday, November 28th

in Observation of Thanksgivings

Ice Cream Social

2nd Thursday of the Month

Thursday, November 13th @12:00pm

Sponsored by:

Heritage Health Care



Sunday,
November 2nd
Daylight Savings Time

GUEST SPEAKER

Cedrice

Parrish At Home

Health Systems of Ohio

Thursday, November 13th
@9:30am

Kroger Clinic / Shots w/Sarah

Thursday, November 13th @ 10am-1Pm

Bring ID & Health Insurance Card

Please Sign Up On The Board

Before the date above

Dates on

BAUMANN AUTO GROUP
23RD ANNUAL
BIG CHARITY
— RAFFLE —

Ticket sale start date:
4/1/25 - 10/15/25 Fifty finalist
ticket will be drawn on 11/1/25.
On 11/8/25 @ 1pm the fifty
finalists will congregate at
Baumann Chevy Buick in
Tiffin, Ohio for the WINNING
ticket to be drawn.



Rita's Soups

St. Paul's Episcopal Church.

798 Coy Rd. Oregon, OH

Every 3rd Saturday of the month
from 11am-12:30pm. Rita's Soups will offer,
soup & crackers or bread to anyone who comes
through the doors. A free will offering will
be accepted from those wishing to contribute
to this program.



November Activities Calendar



Monday	Tuesday	Wednesday	Thursday	Friday
<p>These meals are available for suggested donation of \$2.50 to anyone 60 years or older. MEMBERS UNDER 60 Lunch is a MANDATORY cost of \$5.61 and must be given directly to staff. (unless spouse of member is 60 or over.)</p>	<p>Reservations Must be Made 24 hrs. in advance by calling 419-698-7078</p> <p>Ingredients listed related to allergies call: 419-382-5791</p> <p>MEALS SUBJECT TO CHANGE</p>		<p>Monthly overview of the Center's activities. If you are interested in something listed</p> <p>CALL THE CENTER to find out how to participate. 419-698-7078</p>	
<p>3</p> <p>11:30am Ballroom Dancing</p>	<p>4</p> <p>9am Breakfast Club</p> <p>9:30-12pm BP's w/ Kelly Health Department</p> <p>12-2pm Fellowship</p>	<p>5</p> <p>9:30am Bingo</p> <p>10am Mah Jongg</p> <p>11am Euchre</p>	<p>6</p> <p>9am Breakfast Club</p> <p>9:30-12pm Auditors Office/Katie Moline</p> <p>10am Pinochle</p> <p>10am Zumba Style</p> <p>12 -2pm Acrylic Class</p> <p>12:30-2pm \$3 Bingo</p>	<p>7</p> <p>9:30am Bingo</p> <p>10am Line Dancing</p> <p>11am Bridge</p> <p>11:15am Tai Chi</p> <p>11:30am \$5 Bag Lunches</p>
<p>10</p> <p>11:30am Ballroom Dancing</p>	<p>11</p> <p>9am Breakfast Club</p> <p>10am Diabetic Class</p>	<p>12</p> <p>9:30am Bingo</p> <p>10am Mah Jongg</p> <p>11am Euchre</p>	<p>13</p> <p>9am Breakfast Club</p> <p>9:30am Parrish At Home</p> <p>10-1pm Kroger Clinic</p> <p>9:30am BP's w/ Kelly Partners in Home Care</p> <p>10am Pinochle</p> <p>10am Zumba Style</p> <p>12 pm Ice Cream Social Heritage Health</p> <p>12-2pm Acrylic Class</p> <p>12:30-2pm \$3 Bingo</p> <p>1-2pm Alzheimer</p>	<p>14</p> <p>9:30am Bingo</p> <p>10am Tai Chi</p> <p>11:30am \$5 Bag Lunches</p>
<p>17</p> <p>11:30am Ballroom Dancing</p> <p>1-2 pm Grief Support</p>	<p>18</p> <p>Thanksgiving Potluck Dinner</p> <p>12 Noon Sign Up Sheet on the Board!</p> <p>No Activities</p> <p>No AOA Lunches</p>	<p>19</p> <p>9:30am Bingo</p> <p>10am Mah Jongg</p> <p>11am Euchre</p>	<p>20</p> <p>9am Breakfast Club</p> <p>9:30am AOA</p> <p>Tina Willaims AOA</p> <p>9:30am-12:30pm BP's</p> <p>10am Pinochle</p> <p>10am Zumba Style</p> <p>12 -2pm Acrylic Class</p> <p>12:30-2pm \$3 Bingo</p>	<p>21</p> <p>9:30am Bingo</p> <p>10am Line Dancing</p> <p>11am Bridge</p> <p>11:15am Tai Chi</p> <p>11:30am \$5 Bag Lunches</p>
<p>24</p> <p>11:30am Ballroom Dancing</p>	<p>25</p> <p>9am Breakfast Club</p> <p>10am Birthday Bingo w/ Otterbein (Donna)</p> <p>9-11am BP's w/ Tonya Ayden Healthcare</p>	<p>26</p> <p>9:30am Bingo</p> <p>10am Mah Jongg</p> <p>11am Euchre</p>	<p>27</p> <p>Closed For Thanksgiving</p>	<p>28</p> <p>Closed For Thanksgiving</p>

Oregon Senior Center Lunch Menu



Monday-Friday 11:30am-12:00pm
The suggested donation is \$2.50
419-698-7078

You must RSVP 24 hours in advance!
Served Onsite!
Please specify when reserving your meal
if you want lunch A or lunch B.

Monday	Tuesday	Wednesday	Thursday	Friday
3 A. Beef Stroganoff B. Pineapple Glazed Chicken Whipped Potatoes Green Beans Wheat Roll Fresh Fruit Milk	4 A. Macaroni & Cheese B. Beef Fiesta Macaroni Herbed Green Peas Copper Penny Salad Wheat Bread Pear Chrisp Milk	5 A. Creole Steak B. Turkey Breast w/Gravy Whipped Sweet Potatoes Green Beans Dinner Roll Fresh Fruit Milk	6 A. Taco Meat B. Picante Chicken Lettuce/Tomatoes Mexican Rice Hot Spiced Fruit Flour Tortilla Milk	7 A. Chicken Noodle Casserole B. Mushroom Beef Chuckwagon Corn Brussels Sprouts Wheat Bread Fresh Fruit Milk
10 A. Lemon Pepper Chicken B. Savory Beef Patty Northern Beans Okra & Tomatoes Wheat Bread Fresh Fruit Milk	11 A. Hamburger B. BBQ Pork Rib Patty Oven Roasted Potatoes Lettuce /Tomatoes Hamburger Bun Hot Cin Applesauce Milk	12 A. Pork Roast w/Sauce B. Mushroom Chicken Lima Beans Broccoli Wheat Bread Fresh Fruit Milk	13 A. Chilaquiles Casserole B. Taco Pie Whole Kernel Corn Green Beans Corn Bread Fresh Fruit Milk	14 A. Salisbury Beef w/Gravy B. Honey Mustard Chicken Rice Florentine Cauliflower Wheat Bread Sugar Cookie Milk
17 A. Savory Chicken B. Pork Spanish Beef Patty Paprika Potatoes Glazed Carrots Wheat Bread Pineapple Tidbits Milk	18 Thanksgiving Potluck Dinner @ 12Noon <u>No AOA Lunches</u>	19 A. Vegetarian Chili B. Beef Chili Baked Potato Broccoli Cornbread Fresh Fruit Milk	20 A. Meatball Stroganoff B. Chicken Vegetable Stew Brown Rice Peas w/Red Peppers Biscuit Fresh Fruit Milk	21 A. Glazed Ham B. Sliced Turkey Breast Stewed Tomatoes Whipped Sweet Potatoes Cabbage Wheat Roll Fresh Fruit Milk
24 A. Swiss Steak B. Pork w/Supreme Sauce Delmonico Potatoes Cauliflower Wheat Bread Fresh Fruit Milk	25 A. Swedish Meatballs B. Chicken A La King Ziti Noodles Herbed Green Beans Wheat Roll Pineapple Tidbits Milk	26 <u>"Thanksgiving Day Meal"</u> A. Sliced Turkey Breast w/Poultry Gravy B. Sliced Ham Baked Sweet Potato Whole kernel Corn Dinner Roll Pumpkin Bar Milk	27 <u>CLOSED</u> <u>Holiday</u>	28 <u>CLOSED</u> <u>Holiday</u>

OREGON SENIOR CENTER

Membership Application through 12/31/2026

Annual membership begins on January 1 and expires on December 31. New members are welcome at any time.
Please check appropriate membership category.

BOOSTER Membership (60 & over, with voting rights):	_____ \$25/Individual	_____ \$35/couple
NON-RESIDENT or SUPPORTING Membership (under 60, without voting rights):	_____ \$35/Individual	_____ \$50/couple

-- OR --

We welcome special supporting contributions. We will acknowledge these general contributions by placing the donor's name on display in the Center during the membership year.

_____ \$50.00 Bronze-Level Support Member	_____ \$250.00 Diamond-Level Support Member
_____ \$75.00 Silver-Level Support Member	_____ \$500.00 Platinum-Level Support Member
_____ \$150.00 Gold-Level Support Member	

Date _____	Male _____	Female _____
Last Name _____	First Name _____	
Last 4 Digits of SS _____	Birthdate _____	

INDIVIDUAL MEMBERSHIP OR PERSON 1

Address _____		
City _____	State _____	Zip _____
Home Phone _____	Cell Phone _____	

PERSON 2 (Spouse if applicable)

Date _____	Male _____	Female _____
Last Name _____	First Name _____	
Last 4 Digits of SS _____	Birthdate _____	

EMERGENCY CONTACT INFORMATION (MUST BE COMPLETED)

Last Name _____	First Name _____
Home Phone _____	Cell Phone _____
Last Name _____	First Name _____
Home Phone _____	Cell Phone _____
Primary Physician _____	Phone _____

White___ Hispanic___ African-American___ Native American___ Asian___

Please answer these questions. Your answers will help your Senior Center obtain grants and financial Contributions to grow and help curb the cost of dues.

Rural: Yes___ No___ Number of Persons in Household_____ Monthly Income_____

Do you consider yourself at or below poverty level? Yes___ No___

PHOTO RELEASE FORM

I hereby grant permission to *The Oregon Senior Center* to use photographs and/or video of me taken in publications, news releases, online, and in other communications related to the mission of *The Oregon Senior Center*.

Name _____

Address _____

State _____ Zip Code _____

Phone (day) _____ (evening) _____

Email Address (optional) _____

Signature _____ Date _____

(Signature of Adult, or Guardian of Children under age 18)

Thank you!